



<http://hivmanagement.org/emergency/>



**Disaster / Emergency Information**  
 for  
**New Orleans' HIV Outpatient Clinic and LSU Infectious Diseases**  
 Basic Science, Educational, Clinical, and Research Programs  
<http://hivmanagement.org/emergency/>

This site includes the following critical information regarding the HIV Outpatient Clinic in New Orleans and the LSU Section of Infectious Diseases for use during emergencies:

1. **contact information for the staff of the LSU Infectious Diseases section, the HIV Outpatient Clinic, and Delta AETC**
2. **information to access medications**, and
3. last-resort solutions for medication issues including discontinuation of **antiretrovirals** and **narcotics**.
4. **Disaster planning**
5. **current location for obtaining healthcare if you are in New Orleans**

**Disaster Planning: Recommendations for Optimizing Your Healthcare in Times of Disaster**

**Plan for the possibility of a disaster**

1. Make a list of items that are needed for an evacuation which may be prolonged or indefinite in length
2. Gather all important documents together
3. Exchange contact information with friends and relatives including email addresses and evacuation addresses
4. Obtain a free email address from Hotmail, Yahoo, or Google to facilitate post-disaster communication and supply your contacts with this email address
5. Obtain a copy of your last medical note from your medical provider and keep it with your evacuation material. This note should include a list of all medications and dosages as well as recent laboratory values.
6. Write down the address of this site: <http://hivmanagement.org/emergency/>
7. Plan to take with you other people who can evacuate with you in your automobile
8. Plan an evacuation destination that is out of the range of any hurricanes or other disasters.

**List of possible materials to take during an evacuation**

1. Every medication you have in their original bottles
2. The last medical note from your provider (see above)
3. Contact information for your friends and relatives (see above)
4. Critical documentation (insurance policies, usernames/passwords for important websites, licenses of all types, financial records, credit and ATM cards)
5. As much cash as possible
6. Bottled water, drinks, fruits and packaged foods which do not require cooking or refrigeration.
7. Ice chest
8. Portable AM/FM radio, preferably with a hand crank. Bring extra batteries to power the radio.
9. A full tank of gas in your evacuation automobile(s). Drive each automobile if possible.
10. Laptop computer if possible. Bring your main computers if room is available
11. Any irreplaceable items (family photos, jewelry, etc.)
12. As much clothing as possible: at least enough for 1-2 weeks without having to wash clothes.
13. A flashlight

**Post-evacuation recommendations**

1. Find a medical care provider as soon as possible to avoid interruption of medications (click [HERE](#).) See the information on **possible antiretrovirals** and **narcotics** discontinuation.
2. Listen to WWL radio (<http://www.wwl.com>) for announcements.
3. Do not return to New Orleans until you are assured of safety, housing, food, water, refrigeration, and utilities if possible.
4. If you have a cell phone, call your cell phone provider and request to change your cell phone number to a non-New Orleans area code. Unfortunately you must then inform all your contacts of the number change. You may also consider raising the allowed minutes in your cell phone plan to avoid overages.
5. Check this site for information about the **location of healthcare in New Orleans**

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Updated 5.21.2006